

FST3

Part No.	FST3
Manufacturer	Ford
Engine	1.1
Description	Sports ' R '
Power Band	2500 - 7000

SPECIFICATIONS

Cam Lift (mm)	6.70mm Inlet/Exhaust
Duration	276° Inlet/Exhaust
Full Lift	Inlet 108° ATDC
LTDC	2.16mm Inlet
Timing	30/66 66/30
Valve Lift (mm)	9.88mm Inlet/ 9.82mm Exhaust
VC (mm)	0.30mm Inlet/ 0.36mm Exhaust